

My Social Care Journey....

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myView self-reporting has been developed for use by children and young people in **initial children in need assessments to inform their plan, and subsequently to engage them in a continuous review of their 'social care' journey.** This can include informing child protection reviews or Looked After reviews and ensuring that plans are co-produced.

Building Relationships

myView enables practitioners to build relationships with children and young people, to get to know them and understand their interests and aspirations and support them to fulfil their potential. **This practice is central to the new National Framework.**

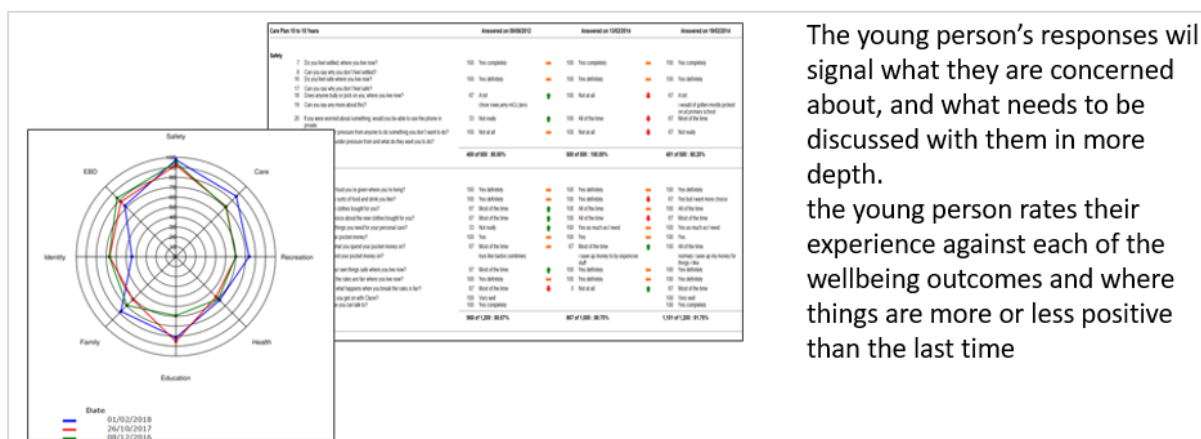
Achieving my wellbeing outcomes

myView assessments maintain a focus on the long-term outcomes specified in the **National Framework for Children's Social Care**, including on

- child development,
- education,
- physical and mental health,
- family stability and functioning.

A continuous process of re-assessment provides data and evidence which can be used to reflect on how children and young people are responding to the help being delivered. A good assessment will monitor the impact of any services on outcomes and review the help being delivered

myView displays a young person's 'social care journey'. A new plan can be co-produced following each reassessment and review.



National Framework Principles

Voices sought and heard



Self-assessment questions open the dialogue with children and young people

Active listening by the worker at the contemporaneous or follow up discussion encourages young people to:

- explore their responses in more detail
- develop their understanding of their experiences and circumstances
- **consider desired changes and outcomes**
- **and together with practitioners consider ways to achieve these**

A key principle is that the voices of children and young people should be sought and heard at every stage of support and they should contribute to decisions about their lives, whatever their age or ability. Practitioners should understand that stigma is a barrier and that children and young people may not always feel able to share their wishes and feelings. It is recognised that digital technology provides an effective medium to engage young people and can be used systematically and consistently.

Young people describe it helps

'If you are shy in front of people and too scared to say what you feel', and 'I can write down my thoughts and feelings better than I can say them'

A senior consultant psychologist

'The Viewpoint myView process provides a space where it was acceptable to encourage discussion about positive and not so positive aspects of life for the children. The process seemed to remove any awkwardness about getting into the space where discussions went down these paths. It is as if the children had permission to talk in detail about themselves. And they did. Information came out that was 'new information'.

Strengths-based Practice

A second principle is that practitioners should work in partnership with children and families using a clear, **strengths-based practice framework** which identifies what's going well and not so well and how their strengths can be used to overcome difficulties.

My view my way supports strengths based practice and introduces the SaPPS framework which enables practitioners to use strengths-based approaches. A young person's priorities and actions for their plan can be added to the report using the same device, demonstrating that they are contributing to decisions about their lives.

Regular re-assessment is a feature of the myView:myWay approach. A new plan can be co-produced following each reassessment and review.