



ViewPOINT

My Plan: What's important to me

When children and young people are involved and participate in the development and decision-making process of their plans, it leads to them being measurably:

- *Happier*
- *More engaged*
- *Willing to try harder*
- *Able to achieve more*



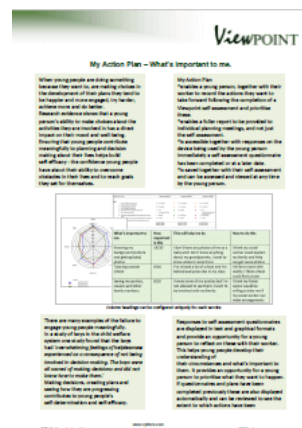
The very process of participation:

- profoundly affects their lives and wellbeing,
- ensures decisions taken on their behalf are responsive to their needs,
- means their decisions are more likely to be respected and accepted.
- empowers them, and
- demonstrates an increase in confidence.

What we have learnt is that this participation is an ongoing process, not a one-off event, which enables the child or young person to have a tangible influence on their own outcomes.

And, Viewpoint's **My Plan: What's important to me**, is a part of this ongoing process, enabling children and young people to identify and record their priorities and to make meaningful contributions to their individual plans.

Also, research evidence shows that using audio computer assisted self-interviewing (ACASI) such as Viewpoint, makes it easier for young people to identify the positive and not so positive aspects of their lives, and subsequently talk about themselves in detail and without any awkwardness with their practitioner.



My Plan: What's important to me is immediately available at the end of a Viewpoint ACASI self-assessment and allows a young person's priorities to be recorded.

A literature review focused on the structures and procedures to support children's participation in decision-making in children's social care found several key enabling factors:

- Giving practitioners the time to establish a trusting and stable relationship with the child,
- Equipping practitioners with the skills required to communicate effectively with children of all ages and abilities,
- Supporting children to engage, and adequately preparing them to contribute to decisions being taken, and
- Providing the openings to communicate the child's views to those with the power to effect change.

Using Viewpoint ACASI and **My Plan: What's important to me** supports these enabling factors. Young people identify what is important to them in their lives.

Identifying priorities and acting to address these, improves their satisfaction and sense of wellbeing. They feel respected and listened to.

Accessing the My Plan option is straightforward. At the end of the Viewpoint ACASI questionnaire click on 'Complete your Care or Support Plan (the title is agency specific) This displays the completed questionnaire with labelled columns and blank rows to complete with agreed priorities.

Date 09/11/2021

Complete your Care or Support Plan

PDF See your '15 Plus' answers

43 Is there anyone you don't want to share this information with?	No
46 Who don't you want to see this information?	No
47 Do you know how to access Children's Rights or Advocacy Services?	No

Your information and views totals

Report totals **61.00%**

add actions row	How important (score out of 10)	How this will help me	How to do this
What's important to me Knowing my background culture and getting baby photos	10/10	I don't have any photos of me as a baby and no nothing about my grandparents. I want to know where I come from	I think my social worker could explain my family and get some photos

The completed Action Plan is saved together with the questionnaire responses and can be made available, with or without the questionnaire responses to Individual Plan meetings.

In one authority young people reported that through the process of using Viewpoint ACASI they were presenting important statements to review meetings and that they wanted to be there to speak to them.



If you want to find out more about **My Plan:**
What's important to me, please get in touch.

Click [here](#) to send us an email and we will get back to you very soon.