

## **Examples of myView apps developed with Children's Services**

## BUILDING CONNECTIONS AND COMMUNICATION WITH YOUNG PEOPLE

myView used with young carers	The App f
my View	my View
News	News
Looking after yourself	Leaving C
Things to do	Looking at
Getting help	Medical e
School examinations	Getting he
About me and my caring	Children's
Melp with a worry	Universal
Contact my worker by email	Scottish W
Your Messages	My World
My Details	My Life Sk
My Story	Sort a Pro





...for Mental Wellbeing my View Blues Induction Sessions Guide to Using Mood Diary Having More Fun (Using My Story) Self Care (Looking After Yourself) Useful Resources **CESD Questionnaire** Your Messages My Story Mood Diary

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